



The program is designed to teach students the importance of healthy lifestyles and the value of nutritious food, and to promote education in nutrition and healthy living.

“Many of our students would come to school without having a healthy breakfast and as a result their energy level is often low, which leads to poor performance in the classroom. We all know that we cannot perform to our fullest potential when we are hungry; therefore, a program like this allows our students to aim higher and achieve more in the classroom environment,” said Poplar Hill School Vice-Principal Kirsten Ryan.

“Our program at Peetabeck Academy provides students with nutritional, appealing food each day. Students who previously participated in our snack program regularly exhibited higher levels of concentration, motivation and energy as well as decreased levels of disruptive behaviour,” said Joan Metatawabin, Food Coordinator in Fort Albany. “This breakfast program was needed due to the change in eating habits away from traditional foods and the isolated location of Fort Albany, as community members have a difficult time accessing affordable, healthy food for their children.”

ONEXONE is a non-profit foundation founded by Joelle Berdugo Adler in 2005. ONEXONE is committed to preserving and improving the lives of children in Canada and around the world and is dedicated to helping create a world where children can live safely and with dignity.

Nishnawbe Aski Nation is a political territorial organization representing 49 First Nation communities in James Bay Treaty 9 and Ontario portions of Treaty 5 – an area covering two thirds of the province of Ontario.

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